Hethersett Environmental Action Team (HEAT)& Climate Emergency Response Team (CERT)

Newsletter September 2025

Happy, Healthy Hethersett (CERT) meets at the Kings Head on Norwich Road once a month.

The first Thursday of each month at 6.30pm is the time to head to the King's Head for a very pleasant evening of chat over a beer or cup of tea to help with the goal of making Hethersett happier, healthier and carbon net zero by 2040.

Our 7th August meeting took place in the garden and around 20 people attended, many with their own ideas of how to make Hethersett happy and healthy. It was a beautiful evening, only matched by the warmth of the welcome on offer. We are now getting together a fine team of Hethersett residents and are amazed at the expertise and enthusiasm each person brings to the table.

The 4th of September meeting was slightly quieter, and we were back inside the pub as the weather was decidedly autumnal. The conversation, however, was as lively as ever and we all came away buzzing with ideas.

The next meeting will be on 9th October- do pop in if you can between 6.30-9.00pm.

Surveying Hethersett (CERT)

Don't be alarmed if you see residents wandering along your street with a clipboard-we are currently conducting a survey of the number of houses which have no driveway and houses with solar panels or EV chargers. This is to help us get a clear picture of where we are now, which will help us plan for our net zero future.

The Back Garden

Back Garden Workshop 30th August. If you missed this, you missed a real treat. On a lovely afternoon, Julie Lawrence gave a wonderful talk on how to plan your garden, which was both practical and very entertaining. My garden is 35 years old, but I came away inspired to look at what I have and see if I can put some of Julie's suggestions into action. If Julie is willing, we would really like her to repeat this workshop next year so those who missed it can have a chance to benefit from her no-nonsense ideas and wonderful suggestions. The workshop was followed by a cream tea, with homemade scones, making it the perfect summer afternoon.

Workshop 6th September. 'Foster a forest'. Dr. Anne Edwards led this inspiring and productive afternoon. Visitors were shown how to sow a wide variety of tree seeds into deep (9 inch) seed trays in individual plugs filled with compost. Seeds included ash, holly, wild rose, wild service tree, sweet chestnut, rowan, oak and other species. This is a new community project, introduced by the CERT group and we hope that local individuals, families, schools, churches and clubs will participate. Once planted seed trays were labelled and numbered for

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participants to take home and look after for two years. Eventually we hope to plant them out in and around the village. Watch this space!

The next workshop, to be held on 27th September, will be showing visitors how to harvest seeds from flowers, and how to collect and sow tomato seeds as well as thinking about how we might want to prepare our gardens for winter. Newcomers welcome!

Litter picks

The last litter pick from the Back Garden on Sat 13th Sept attracted 19 volunteers who collected rubbish from around the village while others processing blister packs as well as sorting the recycling litter. The weather was fine if a little chilly. Thanks again to the wonderful Co Op who have taken our bags, 11 in all.

HEAT really appreciates everyone's support in helping to keep our village litter free.

The next litter picks are on **Sunday 19th October at 2.00pm and Sunday 30th November at 10.00am**, both from the Back Garden on Back Lane behind the Village Hall.

Future Events

Thurs 9th October. Happy Healthy Hethersett get-together at the Kings Head PH between 6.30-9.00pm.

Sat 11th October. Central Co-Op's 'Health & Wellbeing Day' at the Village Hall between 10 am and 1 pm. CERT will be present with an information stall and volunteers to answer questions.

Sun 12th October. Work session. Finnbar's Meadow. Queens Road. 10.00-12.00 am.

Mon 13th October. HEAT meeting. Village Hall 7.30pm. Newcomer's welcome.

18th October. Workshop at Back Garden. 2.00-4.00pm. Local guided walk to collect tree seeds led by Dr. Anne Edwards.

Interested in making new friends, helping with projects and volunteering with HEAT?

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